



BREAKFAST MENU

LiMilia

Our breakfast include coffee or tea and orange or pineapple juice.

FRUITS & YOGURT

Tropical Fruit

Delicious and fresh seasonal fruit combination
BZ\$ 18 - US\$ 9

Greek Yogurt

Creamy organic plain yogurt with your selection of the fruit of the day and homemade fruit compote
BZ\$ 24 - US\$ 12

Jungle Parfait

Your selection of yogurt with homemade granola, tropical ripe fruit and wild honey
BZ\$ 24 - US\$ 12

INDULGE

Crispy Waffle

Blueberries waffle, whipped butter, sliced banana and strawberry with maple syrup
BZ\$ 24 - US\$ 12

Itz'ana Toast

Homemade Brioche toast, caramelized banana, walnuts and warm rum infused honey
BZ\$ 22 - US\$ 11

Nutty Pancake

Buttermilk pancake, whipped butter, your selection of fruit of the day, mixed nuts and raisins syrup
BZ\$ 18 - US\$ 9

Sunrise Pancake

Sweet potato and almond pancake with wild berries, and dragon fruit homemade marmalade
BZ\$ 20 - US\$ 10

CEREALS

Whole Wheat

Bran flakes, vanilla stewed raisin, almond milk and your selection of the ripe fruit of the day
BZ\$ 24 - US\$ 12

Steel-Cut Oatmeal

Build your own oatmeal selecting your favorite sweetness, milk, topping and seasonal fruit
BZ\$ 20 - US\$ 10

Candied Cereal

The house flavor of the day, served with your selection of milk and ripe fruit of the day
BZ\$ 18 - US\$ 9

SPECIALITIES

Steak & Eggs

Grilled beef tenderloin (6 onz), fried eggs, roasted potatoes, sauteed cherry tomato, and sliced avocado
BZ\$ 28 - US\$ 14

Famous Fry Jacks

Belizean favorite breakfast, stuffed with green plantain and shrimps and accompanied with refried beans and spicy mayo
BZ\$ 18 - US\$ 9

Red Chilaquiles

Chef's recipe with Guajillo chilli sauce, sour cream, fresh cheese, avocado and fried egg on top
BZ\$ 20 - US\$ 10

THE CLASSICS

American

Two eggs any style, your selection of ham, sausage or bacon, hot pancake and maple syrup. Served with white bread toast and butter
BZ\$ 22 - US\$ 11

Itz'ana Continental

Start with fresh cut ripe fruit of the day, assorted pastry basket, boar of cheese and bread with jelly and butter and your selection of cereal and milk or yogurt
BZ\$ 24 - US\$ 12

CAGE FREE EGGS

Any Style

Two eggs at your choice served with hash brown or white bread toast and your selection of ham, bacon or sausage
BZ\$ 18 - US\$ 9

Farmer's Omelet

Three whole eggs omelet, sauteed potato, artisan sausage, crispy bacon, tomato, cheddar cheese, and toasted bread
BZ\$ 26 - US\$ 13

Benedicts

Soft poached eggs and cilantro Hollandaise sauce on toasted sourdough bread
Stir Fried Chaya **BZ\$ 22 - US\$ 11**
Butter Sauteed Organic Shrimps **BZ\$ 30 - US\$ 15**

Egg White Frittata

Three egg white omelet with sauteed spinach, cherry tomato and ricotta cheese. Served with whole wheat toast
BZ\$ 32 - US\$ 16

Rancheros

Traditional Mexican breakfast with two fried eggs on a corn tortilla and homemade tomato sauce. Served with avocado, jalapeño and refried beans
BZ\$ 16 - US\$ 8

SIDES

	BZ	US		BZ	US		BZ	US
Avocado	9	4.5	Guacamole	6	3	Refried Beans	9	4.5
Bacon	9	4.5	Ham	9	4.5	Suasage	9	3
Corn Tortilla	2	1	Hash Brown	6	3	Single Egg	9	4.5
Fry Jacks	8	4	Pico de Gallo	4	2			

Our prices are inclusive of 12.5% GST taxes



JUICES & SMOOTHIES

Orange BZ\$ 12 - US\$ 6

Pineapple BZ\$ 12 - US\$ 6

Watermelon BZ\$ 12 - US\$ 6

Strawberry Dynamite

Strawberries, orange juice, ginger, honey syrup
BZ\$ 14 - US\$ 7

Choco-Latte

Espresso coffee, chocolate syrup, banana, coconut flakes
BZ\$ 14 - US\$ 7

Coco Tan

Banana, coconut milk, vanilla, peanut butter
BZ\$ 12 - US\$ 6

Fountain of Youth

Beet, raspberries, pineapple, orange juice, honey
BZ\$ 16 - US\$ 8

Green Fever

Wild spinach, moringa leaf, pineapple, orange, ginger, honey
BZ\$ 16 - US\$ 8

HOT BEVERAGE

Espresso BZ\$ 10 - US\$ 5

Cappuccino BZ\$ 12 - US\$ 6

French Press BZ\$ 10 - US\$ 5

Tea & Infusion BZ\$ 10 - US\$ 5

Our prices are inclusive of 12.5% GST taxes